

What is your main reason for coming to see Dr. Voithofer?

How are your health problems affecting your lifestyle?
(Parenting/spouse/work/energy etc...)

What are the top 3 health concerns that you want help with?

Do you think you are healthy? If no, then what's stopping you from being healthy? If yes, then describe your definition of health:

For what reasons do you want to be healthy?

What are you doing to maintain your health and wellness now?

Are you consistent in living a healthy lifestyle? If no, then what do you need help with?

Do you have a primary doctor?

What do you usually go to your primary doctor for? What kind of care is provided?

What fears or worries do you have concerning your current or past health issues?

What would you like to accomplish for your health by seeing Dr. Voithofer?

What do you think is the best way to help yourself heal and succeed?

How long do you think it might take for your health problem(s) to get better?